

Government College for Women, Hisar

Annual Report (2024-25)

SPORTS ACTIVITIES

North Zone/ All India Inter University: Aarti BA 3rd (Geog. Hons), Roll no. 1220451063028, Kalpana BA 3rd, Roll no. 1220451002069 represent/participated in All India University championship of Taekwondo held at G.N.D. Uni. from Nov. 06 to 15, 2024 Amritsar (weight category under 53kg). Mamta B.Sc. (CS) 3rd 1220451015091 represent North Zone & All India Inter Uni. Karate M&W championship 2024, North Zone from 10.03.2024 to 14.03.2024 and All India Inter Uni. from 15.03.2024 to 19.03.2024 organised by Directorate of Sports Panjab Uni. Chandigarh. Navpreet Kaur Participated/Represent All India Inter Uni. Yogasana (M&W) Championship 2024 Organised by KIIT deemed to be Uni. Bhubaneswar from 24th to 28th Dec. 2024. Minakshi BA 2nd year, 1230170327 represent North Zone & All India Inter Uni. Karate M&W championship 2024, North Zone from 10.03.2024 to 14.03.2024 and All India Inter Uni. from 15.03.2024 to 19.03.2024 organised by Directorate of Sports Panjab Uni. Chandigarh. Minakshi BA 2nd year, 1230170327 represent North West Kai cup held at Kurukshetra from 3rd to 5th Jan. 2025 she won gold Medal in 68 weight category. Aarti BA 3rd Geog. Hons roll no. 1220451063028 selected for Handball North Zone Inter Uni. Trials held at Govt. P.G. College Hisar on 10.12.2024. Komal, B.Sc. 3d roll no. 1220451030029 participated in 35th North Zone Junior Athletics Championship 2024 dated 10 to 12 Oct. 2024 got gold Medal in this Championship.

Inter College/State/ Khel-Mahakumb: Basket Ball Inter College tournament of GJUS&T Hisar held on 26.09.2024 at GJUS&T Hisar. Our Basket Ball team won gold Medal in this tournament. Komal B.Sc. 3rd roll no. 1220451030029 got Bronze Medal in State Khel MahaKumbh Haryana date 1-3 Aug. 2024. Event 100mtr Hurdle. Komal B.Sc. 3rd roll no. 1220451030029 won gold Medal in 37th Haryana State Junior Athletics Championship held at Karan Stadium Karnal dated 13th to 15th October 2024 event 100-meter hurdle. Komal B.Sc. 3rd roll no. 1220451030029 won gold Medal in State North Zone Junior Athletic Championship. Komal B.Sc. 3rd roll no. 1220451030029 participated in 24th Annual Athletic meet of GJUS&T Hisar from 21.11.2024 to 23.11.2024 she won gold Medal in 200mtr race and Silver Medal in 100mtr hurdle race. Kalpana of BA 3rd roll no. participated in 36th Haryana State Senior boys & girls Kyorugi Taekwondo Championship 2024 held at regional training centre, North Zone Ambala Cantt Haryana from 10th to 11th Aug. 2024. This team got silver medal in this championship. Gita, BA 2nd 1230170110, participated in NS Kabaddi Inter College of GJUS&T held at CRM Jat College Hisar on 20.09.2024. She selected for All India Inter Uni. Komal BA 3rd, 1220451002240, Taekwondo, Bronze Medal senior state held at Ambala date 10.08.2024 to 11.08.2024. She also participated in Maha Khel-Khumb Haryana held at Khel Pariser, Sec. 12, Faridabad dated 26th to 28 July 2024. Divya B.Sc. (CS) 2nd year 1230182052 1st position in Haryana Basket Ball CM Cup 2024 held at Panchkula and dated 26.08.2024 her team won 1st position in this tournament. Minakshi Participated Haryana Senior State Karate 2024-25 held at Panipat Haryana she won gold Medal in 68 weight category.

Navpreet BA 2nd year, roll no. 1230170386 won Silver Medal in traditional event and bronze medal in Artistic Solo event in 4th District Yogasana sports championship organised by District Yogasana sports Association, 2024-25 Hisar held at D.N. College, Hisar from 17 to 18 Aug. 2024.

Annual Athletic Meet Session 2024-25: 20th Annual Athletic Meet of the college organized on 15th Feb. 2025.

DEPARTMENT OF SOCIOLOGY

Speech competition was organized by Subject Society of Sociology on the topics, “Gender inequality in India”, “Rising drug addiction- A social evil” and “Effects of social media on society” on 21 Oct., 2024. This competition helped the students to build confidence, remove stage fear and develop public speaking skills. The competition was organized under the leadership of Principal Dr. Satbir Singh Sanga and guidance of Dr. Neelam Dahiya, convener and organizer of the activity. Participants shared their views on the positive and negative aspects of social media, how to control rising drug addiction and problems related with gender inequality. The judges of this event were Dr. Renu Sodi, Ms. Bimla Devi and Mrs. Ekta Chawla. The student’s office bearer of the society also helped in organizing the activity.

Department of Economics

Organized a Sketch-Making competition on ‘Famous Female Economists’ on 18.10.2024. To make aware of the efficient use of resources at present and save for future generations, a documentary movie Carbon (A Story of Tomorrow) based on “Sustainable Development” was played on 11.04.2025.

DEPARTMENT OF HOME SCIENCE

A three days’ workshop on “Art and Craft” was organized in collaboration with Pidilite Company. Mrs. Meetu Sachdeva was the resource person from the Pidilite Company. This workshop was organized from 10, 11 and 14 Oct., 2024 and 75 students of B. A. I participated in it. Various decorative articles like flower pots, bottle decoration, thali decoration, Lipan art on card board and ply board to make various beautiful sceneries, coaster, photo frame, decorative candle making, fabric painting etc. on the last day of workshop, the decorative items prepared by students were exhibited. One day “First Aid Training” programme was organized by Dr. Shashi Kala Yadav, Professor of Home Science in collaboration with NSS unit of college. Mr. Kuldeep Singh and Mr. Mandeep were trainer from District Red Cross, Hisar. They highlighted the importance of first aid and demonstrated various techniques like CPR to save life. They clarified the difference in giving CPR to adult and little child. This training was very informative to enrich knowledge of students as accident can occur anytime and anywhere in home and outside home. Dr. Satbir Singh Sanga, Principal, highlighted the need of the first aid knowledge and congratulated students to participate in such useful activities. Dr. Shashi Kala Yadav motivated students to be ready for give First Aid and delivered vote of thanks. Ms. Heena Pahuja and Ms. Madhu Bala were also present in the training. Four days’ workshop on Baking and Preservation was organized by joint efforts of department of Home Science and Women Cell from 22 to 25 Jan., 2025. Dr. Rajni Goyal from I.I.H.S., Kurukshetra University,

Kurukshetra was the resource person for this workshop. A total number of 33 students participated in the workshop. In the first two days i.e. 22 and 23 Jan, 2025 bakery items such as cakes, muffins biscuits, nankhatai and brownie etc. were prepared. In the last two day of workshop (24-25 Jan, 2025) students learnt to prepare various preservation items such as pickles, sauces, jams, squashes etc. The workshop was successful and very encouraging for the students. Salad Decoration Competition was organized on 28th March, 2025 in which 30 students of B. A. III Home Science students participated. Dr. Neelam Dahiya, Sh. Satish Singla and Mr. Vipin Babbar were Judges. Jyoti roll no. 122045100038, Nikita roll no. 122045100152 and Minakshi roll no. 122045100369 of B. A. III got first, second and third position, respectively.

Department of English

An introduction come orientation programme was organised dated on 17 August 2014 for the newly admitted PG students. Spoken English practice activity was Undertaken from 16 to 18 September 2024. Presentation competition was organised on 24 to 26 September 2024 on the topic "Racism in the Adventure of Huckleberry Finn and feminist perspective in the Portrait of a Lady". A brain storming activity for BA 2nd year students was organised on 28-9-2024. A two day quiz competition cum activity for BA 3rd year students was organised on 7&8-10-2024. A flash card competition cum assignment of MA 1st was organised on 14th October 2024 on the topic "A mother courage and her children". Two day PPT presentation assignment activity of B.Com 1st students was organised on 25th& 26th October 2024 on "The Topic of communication and its types". Group discussion activity was organised on 11th November 2024 on the topic of emotional intelligence for Class B.A.1st Skill Enhancement Course. A Spell bee competition was organised on 16th November 2024 for the class BA first minor. An extension lecture of Dr Asha Saharan was organised for the UG and PG students on 7th Feb 2025 on the topic "Communication Skills". An extension lecture Dr Parvinder Dalal was organised by the department on 28-03-2025 under the topic of "The colonisation in Literature and culture".

मनोविज्ञान विभाग

मनोविज्ञान विभाग ने सत्र 2024-25 के दौरान शैक्षणिक, सह-शैक्षणिक तथा सामाजिक उत्तरदायित्व से जुड़े विविध कार्यक्रमों का सफलतापूर्वक आयोजन किया। इन कार्यक्रमों का उद्देश्य विद्यार्थियों में मानसिक स्वास्थ्य के प्रति जागरूकता बढ़ाना, नशा मुक्ति को प्रोत्साहित करना तथा सामाजिक सरोकारों से उन्हें जोड़ना रहा। आत्महत्या रोकथाम दिवस पर व्याख्यान: 12 सितम्बर 2024, वक्ता: डॉ. शालू बूरा, नैदानिक मनोवैज्ञानिक, सिविल अस्पताल, हिसार, विवरण: इस व्याख्यान में आत्महत्या के बढ़ते मामलों की रोकथाम, मानसिक स्वास्थ्य सहायता, एवं समाज की भूमिका पर चर्चा की गई। नशा मुक्ति पर जागरूकता व्याख्यान: 25 सितम्बर 2024, वक्ता: डॉ. बीर सिंह यादव, शांति मिशन अस्पताल, विवरण: विद्यार्थियों को नशे के दुष्परिणामों और इससे बचने के उपायों की जानकारी दी गई। विश्व मानसिक स्वास्थ्य दिवस पर कार्यक्रम: 10 अक्टूबर 2024, वक्ता: डॉ. निर्मल कौशिक, एसोसिएट प्रोफेसर, भोडिया खेड़ा, फतेहाबाद, विषय: "मानसिक स्वास्थ्य जागरूकता का महत्व", विवरण: मानसिक स्वास्थ्य को प्राथमिकता देने की आवश्यकता एवं युवाओं में तनाव प्रबंधन पर बल दिया गया। एक्स्प्रेसर स्वास्थ्य जांच शिविर: 10 अक्टूबर 2024, वक्ता: डॉ. विनीत, विवरण: विद्यार्थियों एवं स्टाफ के लिए निःशुल्क एक्स्प्रेसर जांच एवं सुझाव प्रदान किए गए। परामर्श सत्र: 08 नवम्बर 2024, वक्ता: डॉ. सुमन बेहमानी, विवरण: इस सत्र में विद्यार्थियों को व्यक्तिगत, शैक्षणिक एवं भावनात्मक समस्याओं से निपटने के लिए मार्गदर्शन दिया गया।

स्वास्थ्य जांच शिविर: 04 जनवरी 2025, विवरण: विद्यार्थियों एवं शिक्षकों के लिए संपूर्ण स्वास्थ्य जांच एवं परामर्श की सुविधा उपलब्ध करवाई गई। विज्ञान मेला – GJUS&T: 04-06 फरवरी 2025, स्थान: गुरु जम्भेश्वर विज्ञान एवं प्रौद्योगिकी विश्वविद्यालय, हिसार, विवरण: विभाग ने विज्ञान मेले में मानसिक स्वास्थ्य एवं व्यवहार विज्ञान से संबंधित प्रोजेक्ट्स का प्रदर्शन किया। अंतर-जिला विज्ञान प्रदर्शनी, जी.सी. हांसी, "नशीली दवाओं के प्रति जागरूकता" विवरण: छात्रों ने रचनात्मक प्रोजेक्ट्स एवं पोस्टर के माध्यम से नशा मुक्ति संदेश प्रसारित किया। "नशीली दवाओं के दुरुपयोग की रोकथाम" पर व्याख्यान एवं अभिमुखीकरण: 08 मार्च 2025, विवरण: इस कार्यक्रम में विद्यार्थियों को नशे की मानसिक प्रवृत्तियों को समझने एवं उससे बचने के लिए डॉ. संजय, एसोसिएट प्रोफेसर, GJUST, हिसार और अंकुश फाउंडेशन हिसार द्वारा व्यावहारिक मार्गदर्शन प्रदान किया गया।

प्रस्तुति : संस्कृत विभाग

22 अक्टूबर 2024 को पी.जी. कॉलेज, हिसार में जोनल यूथ फेस्टिवल 2024 का सफल आयोजन हुआ। इस अवसर पर विभिन्न महाविद्यालयों के विद्यार्थियों ने अपनी कला एवं प्रतिभा का उत्कृष्ट प्रदर्शन किया। कार्यक्रम में राजकीय महिला महाविद्यालय, हिसार की संस्कृत विभाग की छात्राओं ने संस्कृत नाटक "भगवदज्जुकम्" का मंचन किया। यह प्राचीन संस्कृत नाट्य परंपरा का एक महत्वपूर्ण नाटक है, जिसमें जीवन और मृत्यु, आत्मा और शरीर जैसे गहन विषयों को हास्य और व्यंग्य के माध्यम से रोचक ढंग से प्रस्तुत किया गया। राजकीय महिला महाविद्यालय हिसार के संस्कृत विभाग द्वारा "महाग्रंथों की महागूंज: श्लोक उच्चारण प्रतियोगिता" का आयोजन 21 अप्रैल 2025 को कॉलेज प्राचार्य डॉ. सतबीर सिंह सांगा के संरक्षण में किया गया। इस प्रतियोगिता में छात्राओं ने श्रीमद्भगवद्गीता, देवी स्तुति, शिव तांडव स्तोत्र, गायत्री मंत्र, महामृत्युंजय मंत्र, महाभारत व रामायण के श्लोकों का सस्वर उच्चारण कर सभी को भावविभोर कर दिया। प्रतियोगिता में साक्षी (प्रथम), तान्या (द्वितीय) और प्रिया (तृतीय) स्थान पर रहीं। कार्यक्रम का शुभारंभ संस्कृत विभागाध्यक्ष डॉ. अमित कुमार ने स्वस्तिवाचन के साथ किया। निर्णायक मंडल में डॉ. मधुबाला (हिंदी विभाग), सुश्री सुनीता व सुश्री सुमन लता शामिल रहीं। प्राचार्य डॉ. सांगा ने कहा कि इस प्रकार की प्रतियोगिताएं छात्राओं को संस्कृत भाषा एवं हमारी वैदिक संस्कृति से जोड़ने का माध्यम बनती हैं।

DEPARTMENT OF PUBLIC ADMINISTRATION

The department of Public Administration in collaboration with & NSS celebrated Samvidhan Diwas on 26 November 2024. Slogan writing competition and quiz competition were organized on the theme "Hamara Samvidhan, Hamara Abhiman". Essay writing competition was organized on 'Nothing like voting, I vote for sure/वोट जैसा कुछ नहीं, वोट जरूर डालेंगे हम' to celebrate National Voters' Day on 25 January 2025. Further, the voters' pledge was administered to create awareness among young voters. The department of Public Administration in collaboration with Women Cell & NSS screened documentary on 'Samvidhan' directed by Shyam Benegal to celebrate 'Hamara Samvidhan, Hamara Abhiman' on 24th February 2025.

DEPARTMENT OF GEOGRAPHY

Department of Geography organised a lecture with the collaboration of SKY LINE INSTITUTE of Geoinformatics on Remote Sensing and GIS on Dated October 17, 2024 and encouraged students to make career in field of Geoinformatics.

हिंदी विभाग

दिनांक:13-09-2024 को हिंदी विभाग द्वारा हिंदी दिवस के उपलक्ष्य पर भाषण प्रतियोगिता का आयोजन किया गया ,जिसमें 15 छात्राओं ने भाग लिया। दिनांक: 13-09-2024 को हिंदी दिवस के उपलक्ष्य पर निबंध लेखन प्रतियोगिता का आयोजन किया गया, जिसमें 24 छात्राओं ने भाग लिया। 10-02-2025 को हिंदी विभाग एवं लीगल लिटरेरी समिति के संयुक्त तत्वावधान में समाचार वाचन करवाया गया ,जिसमें21 छात्राओं ने भाग लिया, दिनांक 10.2.2025 को हिंदी विभाग एवं लीगल लिटरेरी समिति के संयुक्त तत्वाधान में हिंदी कविता पाठ करवाया गया, जिसमें23 छात्राओं ने भाग लिया, दिनांक 10.02.2025 को हिंदी विभाग एवं लीगल लिटरेरी स्मृति के संयुक्त तत्वाधान में भाषण प्रतियोगिता का आयोजन करवाया गया, जिसमें 24 छात्राओं ने भाग लिया एवं प्रश्नोत्तरी प्रतियोगिता में 24 छात्राओं ने भाग लिया।

Department of Chemistry:

On 26-09-2024, a Poster Making Competition was organized on the topics: Chemistry in Every Day Life, Green Chemistry, Antibiotics –Boon or Bane, Ayurveda- the science of life, Global Warming students are given 1st, 2nd and 3rd prizes on the basis of judgment given by judge. 28 students were participated in the activity. On the dated 09-10-2024, General Chemistry Quiz Competition was organized in which, five team consisting of two students each selected for quiz competition Dr. Rakesh Kumar acting as quiz master. On the basis of scope 1st, 2nd and 3rd prize is given. Distract Level Science Essay Writing Contest was organized by the department on 16-11-2024, in which 08 students of college participated in this contest held at GGJ Govt. College Hisar. One student, Annu B. Sc. 3rd got third position and was selected for participation in state level Science Essay Writing contest. Distract Level Science Quiz Competition was held on 14-11-2024, in which, two teams consisting of three students, total 06 students participated in this competition and squired second and fourth position. Both team ware selected for Zonal level science quiz competition. On 20-11-2024, Zonal Level Science Quiz Competition held at FC College for Women Hisar and sponsored by Haryana State Council for Science and Technology Chandigarh. In which 06 students participated from our college. College Level Science Exhibition held on 17-02-2025, in which three teams contesting of two students, total 06 students participated and each display chemistry working model on the topics: production of green hydrogen by water electrolysis Clean energy – save Environment, Plastic Recycle – save Environment, Water Recycle plant among these model tittle - production of green hydrogen by water electrolysis Clean energy – save Environment was selected for participation in Inter-District Level Science Exhibition held at GC Hansi. On 18-02-2025, Inter-District Level Science Exhibition held at GC Hansi, in which we secured second position and also obtained Best Explanatory award. Poster Making Competition organised on 09-04-2025, in which 14 students were participated on the topic: Chemistry in every our Daily Life, students are given 1st, 2nd and 3rd prizes on the basis of judgment given by judge.

Department of Computer Science:

Logo making competition was organized on 01.10.2024. A total of 33 students participated in this competition. An online quiz was organized on “Digital Empowerment” using quizizz.com on 21.10.2024. A total of 33 students participated in this quiz competition. A Workshop was organized on “Advance Excel” in collaboration with Placement Cell on 7th and 8th February 2025. Ms. Rinki from Aryan Computer Skill Centre, Hisar trained the students with advance excel features. A total of 128 students attended this workshop. A team of two students participated in Festival of Science at GJUST, Hisar from 04.02.2025 to 06.02.2025. A team of two students participated in District Level Science exhibition at GC Hansi on 18.02.2025. An

extension lecture was organized on "Cyber Security and Women Rights" in collaboration with Commerce department on 02.04.2025. Mr. Naresh Kumar, In-charge of the Cyber Investigation Cell; Ms. Pallavi Boora, Advocate at the Supreme Court; and Mrs. Kiran, Head Constable aware the students about cyber security and women rights. A total of 128 students attended this workshop. A team of two students participated in District Level Computer Science Quiz competition at GC Hisar on 28.03.2025.

Department of Physics:

An intra department "Quiz competition" was held on 24th Oct, 2024 in which total 43 students were participated in this competition. Students of Physics participated in Festival of Science from 4-6th Feb, 2025 organized by GJUS&T Hisar. Ashlesh and Manisha of B.Sc. III, these two students of Physics Department under the title of 'Nuclear Power Plant' participated for Inter District Science Exhibition 2024-25 in GC Hansi on 18th Feb, 2025.

Department of Environmental Science:

On August 16, 2024, a one day mass plantation drive titled "Ek Ped Maa Ke Naam" was successfully organised. Principal, faculty members, non-teaching staff and students actively participated and planting 200 plants across the college campus. On April 22, 2025, in celebration of Earth Day, a tree plantation drive was conducted at the college campus. During the drive, a total of 51 saplings were planted. The event saw enthusiastic participation from students, along with all teachers and staff members. On June 6, 2025, International Yoga Day was celebrated along with a tree plantation program. As part of the event, college students and staff members planted 25 shade-providing saplings in the campus.

Department of Mathematics:

B.Sc. III (NM) students organized a Mathematics Quiz on February 21, 2025, with the objective of fostering mathematical awareness. A total of nine teams from first and second year students participated in the competition, while 44 students attended as the audience. The quiz comprised five rounds, each covering different mathematical topics and yielding intriguing results. The top three teams were honoured with prizes in recognition of their exceptional performance. The Mathematics Quiz proved to be a great success, with participants showcasing their mathematical abilities and enthusiasm. The event provided a valuable platform for students to demonstrate their skills, learn from their peers, and cultivate a deeper appreciation for mathematics.

Department Of Botany:

On 28-08-2024, an activity of 'TREE PLANTATION', Trees (i.e. fruit plants, ever green plants, Decorative plants etc.) in the Botanical Garden of Govt. College. Students were given the responsibility of taking care of the concern plant. Poster Making Competition was held on 26-09-2024. PC Roy Chemistry Society in Collaboration with Botany Department organized interdepartmental "Poster making Competition". Under the topics of Chemistry in Everyday life, Green Chemistry, Antibiotics- Boon or Bane, Ayurveda- The Science of life, approx. 30 students of B.Sc. (Med. /Non Med./CS) were participated among them Preeti B.Sc.III (Med.) got 1st position , Tannu B.Sc.III (Med.) got 2nd position and Priyanka B.Sc.III (Med.) got 3rd

position. A Biology Quiz Competition was held on 8-11-2024. Botany Department organized "Biology Quiz Competition" in Botany Lab, in which 10 students were participated. Written and Oral Quiz conducted by the department in which Anju B.sc.I Life Science stood 1st and Priyanka B.Sc.III(Med.) got 2nd prize. A Visit to Botanical Garden of H.A.U. On 12/11/2024, a field visit for B.Sc. (Med.) students in Botanical Garden CCSHAU, Hisar. Students visited the Botanical Garden, discovering diverse plant species and deepening their understanding of biodiversity. It was a refreshing and educational experience amidst nature. They also have visited the Mushroom Technology Lab. of H.A.U. campus.

Women Cell

Extension lectures were organised on "Self-Breast Examination Awareness" and "Menstrual Hygiene Awareness" on 16-09-2024 in collaboration with Red Cross and Red Ribbon Club. In this event, a team of doctors from civil hospitals visited the college and educated the students regarding the importance of maintaining hygiene during menstrual cycle. Doctors also explained ways of self-examining the breasts and signs and symptoms to diagnose breast cancer at early stage. 158 students actively participated in this event. On 14-10-2024, another extension lecture on "Female Hygiene during Menstruation" was organised in collaboration with Physical Education Department. In this lecture, official from TIENS Company, informed students important hygiene measures to be taken during menstrual cycle. A total number of 88 students attended the lecture. In collaboration with NSS organised an "A Trip to Rakhigarhi" on 20-12-2024, in which 48 students were visited this archaeological site and had a glance on various ancient items extracted from excavation. To commemorate, Haryana Yog Ayog's programme "Har Ghar Parivar Suryanamaskar", Women Cell in collaboration with Department of Physical Education organised a "One Week Workshop on Yoga" from 17-01-2025 to 24-01-2025. In this workshop, teaching and non-teaching staff members, along with 48 students practiced Yoga and Surya namaskar. The objective of this workshop was too aware the students and staff members regarding the importance of Yoga for physical and mental health. A "Workshop on Baking and Preservation" was organised by Women Cell in collaboration with "Department of Home Science from 22-01-2025 to 22-01-2025. Dr. Rajni Goyal, from I.I.H.S., Kurukshetra University, and Kurukshetra joined the workshop as resource person. She explained students the process of making bakery items such as muffins, cakes, biscuits etc. and preservative items such as pickles, jam, squash etc. A total number of 33 students benefitted from the workshop. "An Educational Trip to 38th International Crafts Mela, Surajkund" was organised on 10-02-2025. 48 students were travelled to Surajkund with accompanying staff members. The objective of this trip was to make students aware about the culture and crafts of different states and develop entrepreneurial skills among them. A Series on "Awareness lectures on various laws regarding women" was organised in collaboration with Anti-Sexual Harassment Cell on 05-03-2025. For this purpose, Adv. Vikramjit Mittal, Criminal lawyer, District Court, Hisar joined as resource person. He delivered very informative lectures on "Awareness regarding Protection of Women against Sexual Harassment" and "Awareness regarding legal rights of Women". 83 students attended the lectures. On 08-03-2025, "Awareness lectures on Women Health" was organised. In this event, team of qualified doctors from Adhaar Hospital educated the students about various important aspects of Women Health. Dr. Geeta Dabas explained the students about "Women Health and Hygiene" and Dr. Vini Naik

discussed about various symptoms of breast cancer and cervical cancer. A total number of 50 students attended the lecture. An extension lecture on "Importance of Self Defence Training for Women" was organised on 11-04-2025 in collaboration with Amar Ujala. In this lecture, Mr. Harish (Director of Suraj Sewa Foundation) explained the students the importance of self-defence for women. He also demonstrated some easy and important techniques of self-defence. The lecture was attended by 100 students.

Cultural Cell

A talent search program was organized by the cell at the college on September 14, 2024. Approximately 200 students participated in competitions such as speech, poetry recitation, singing, general dance solo, group general dance, Haryanvi dance, poster making, clay modelling, and more. Students who secured first, second, and third place in all the above competitions were also awarded. Approximately 65 students from the college participated in 22 competitions at the "Zonal Youth Festival" held at Guru Gorakhnath Government College, Hisar, from October 21-23, 2024. In these competitions, the college won first place in installation and second place in rangoli, poster making, collage, Punjabi poetry recitation, Urdu poetry recitation, and Haryanvi group dance. The college's cultural cell participated in seven competitions at the Inter-Zonal Youth Festival held at GJUS&T Hisar on October 26-27, 2024, with 21 female students participating. In these competitions, the college secured first place in Rangoli and Poster Making, and second place in Haryanvi Group Dance and Urdu Poetry Recitation. The cultural cell also participated in the 31st District Youth Festival, District Hisar, in the Group Folk Dance, Solo Folk Dance, and Solo Folk Song competitions, in which nine female students participated. This festival was held at the Indira Gandhi Auditorium of HAU on November 21-22, 2024. The college secured second place in Group Folk Dance and third place in Solo Folk Song. Under the Cultural Cell, Ishita of the college participated in the poster making competition, Kanupriya in the Rangoli competition, and six other students participated in the Haryanvi group dance competition on behalf of GJUS&T Hisar in the North West Inter University Zonal Youth Festival-2025. A cultural program, 'Jhankar', on March 6-7, 2025. 12 competitions were held, in which approximately 290 students participated. Students who secured first, second, and third positions in these competitions were also awarded.

Placement Cell

An Extension Lecture on "Career Opportunities in Digital Marketing" was organized by the Cell on 18.10.2024. Experienced trainers from Digital Chaabi Academy, Hisar delivered this lecture. The lecture aimed to provide students with insights into various digital marketing models, enhance their business communication skills and offer career guidance in the field of digital marketing. A total of 149 students benefitted from the lecture. An Extension lecture on Financial Literacy was organised by Placement Cell and Department of Commerce on 09.01.2025. The event aimed to enhance students' understanding of financial literacy and its relevance in life. Mr. Jagdeep Singh, a certified trainer from the National Stock Exchange (NSE), was the keynote speaker. He highlighted his expertise in financial literacy and investment strategies. A one-day Placement Drive was organized at Government College for Women, Hisar, on January 10, 2025, under the aegis of the Placement Cell and Department of Commerce. This event aimed to provide students with the opportunity to pursue a career in the

banking sector. NIIT and Axis Bank conducted interviews for the position of Assistant Manager. A total of 120 students from the MA English and M.Com. Programs registered for the placement drive. 46 students actively participated in the first phase of the interviews and finally 23 students shortlisted for final round. Two days' workshop on "Advanced MS Excel" was organized by Placement Cell in collaboration with Department of Computer Science on 07/02/2025 and 08/02/2025. Ms. Rinki, advanced Excel Trainer from Aryan Skill Center was the trainer for the workshop. During the training, students learned about basic excel functions, conditional formatting, data validation and filters, pivot tables, advanced lookup functions etc.

RED CROSS & RED RIBBON CLUB

The Red Cross and Red Ribbon Club, in collaboration with the Women Cell of Government College for Women, Hisar, and organized extension lectures on "*Self-Breast Examination Awareness*" and "*Menstrual Hygiene Awareness*" on 16.09.2024. Dr. Poonam, a gynecologist from Civil Hospital, Hisar and Dr. Neelu, coordinator of non-communicable diseases, Civil Hospital, Hisar were the resource persons. During the lecture, Dr. Poonam emphasized the importance of self-examination for early detection of breast cancer. After that, Dr. Neelu demonstrated key practices related to menstrual hygiene and disease prevention. A total of 158 students participated in the event. A one-day camp was conducted jointly by the Red Cross & Red Ribbon Club, NSS, and the Department of Physical Education on the theme "*Women's Health and Stress due to Lifestyle Changes*". During the camp, the key theme was "Women's Health and Stress due to changes in Current Lifestyle". Dr. Monika, keynote speaker from Civil Hospital gave detailed information to the students about the importance of balanced diet, exercise and adequate sleep etc. to stay healthy. 63 students participated in the session. In order to commemorate the World AIDS Day Campaign from 1st December to 30th December 2024, Red Cross and Red Ribbon Club organized various activities on 10.12.2024. Students wore Red Ribbons and formed a Human Chain to show solidarity with people living with HIV/AIDS. A documentary film titled "Zara si Galati" was shown HIV/AIDS in order to spread awareness regarding the disease with the participation of 65 students. Poster Making Competition and Mehendi Rachao Competition on the theme of HIV prevention and awareness. Awareness Rally highlighting prevention, treatment, and support for HIV/AIDS. To mark the celebration of National Youth Day Fortnight Campaign from 12th January, 2025 to 26th January, 2025, following activities were organised. Awareness Rally on HIV/AIDS on 20.01.2025. Nail Art Competition with HIV/AIDS awareness messages on 20.01.2025 with a participation of 11 students. Extension Lectures cum Interaction session regarding HIV/AIDS on 21.01.2025 with attendance of 47 students. "Stories and Situation" activity to discuss the different stories and reality-based situation of HIV/AIDS on 21.01.2025. Signature Campaign and Digital Awareness Drive about HIV/AIDS through social media, NACO AIDS App on 21.01.2025. A Health Check-up Camp was organized on 08.03.2025 in Government College for Women, Hisar under the joint aegis of Red Cross and Red Ribbon Club and National Service Scheme. The camp aimed at early detection and management of common health issues and providing free medical consultations to students. In order to commemorate World Red Cross Day, 2025, following activities were organised on 08.05.2025 on the theme of Keeping Humanity Alive: "Human Chain Formation" to deliver the message of kindness and raise awareness about the

spirit of humanity among people. “United for Humanity Rally” to raise awareness about the principles of humanity.

Internship Training Report (Batch 2024–25)

As per the guidelines of the National Education Policy (NEP-2020), Internship Training was organized for the first batch of the academic session 2024–25. The purpose of the internship was to provide students with hands-on exposure, practical learning opportunities, and the application of classroom knowledge in real-life contexts. The Internship Training Programme for the 2024–25 batch was successfully carried out with 83% students completing the training. This initiative proved beneficial in enhancing students’ employability skills, practical learning, and readiness for future professional opportunities in line with the vision of NEP-2020.

Psychological Counselling Cell

The Psychological Counselling Cell of our institution has been established with the primary objective of promoting mental health, emotional well-being, and personal growth among students and staff. In today’s academic and social environment, learners often face a wide range of pressures—academic stress, peer pressure, career-related uncertainty, relationship issues, and emotional challenges. Recognizing the importance of providing structured psychological support, our college created the Counselling Cell as a proactive initiative to nurture mental resilience, positive coping strategies, and holistic well-being. The Cell functions as a safe and confidential space where students can freely express their concerns and receive guidance. Counselling Cell operates with a clear vision and set of objectives, to promoting mental health and well-being, providing emotional support, helping in academic adjustment, career guidance and personal growth, building coping skills and resilience, addressing behavioural and interpersonal issues, raising awareness and reducing stigma, fostering holistic development. To achieve the above objectives, the Psychological Counselling Cell has undertaken a number of initiatives like, one-on-one counselling sessions are conducted where students confidentially discuss their personal, academic, or emotional concerns. Interactive group sessions are organized on topics like stress management, time management, communication skills, self-esteem, anger management, and exam preparation. The Cell regularly organizes lectures, and talks by experts to spread awareness about mental health issues, coping strategies, and the importance of emotional well-being. Trained student volunteers act as peer supporters to create a friendly and approachable system of guidance. The Cell collaborates with psychologists, psychiatrists, and social workers when specialized intervention is required. Considering the growing use of technology, efforts are being made to provide online support and helpline services for students who cannot visit the Cell physically. The functioning of the Cell has led to several positive outcomes, many students have successfully overcome issues of exam anxiety, low confidence, and emotional distress. Several students have received career guidance and successfully chosen appropriate academic or vocational pathways. Awareness drives have improved openness towards mental health discussions, reducing hesitation in seeking help. Workshops on resilience and stress management have improved students’ coping abilities and academic performance. The Cell has helped build a culture of empathy, inclusivity, and peer support within the campus. To strengthen the role of the Counselling Cell, the

following initiatives are proposed. Expanding the team of trained counsellors and volunteers. Introducing regular stress management programs, especially before examinations. Creating collaborations with hospitals, NGOs, and mental health organizations. Incorporating mental health education into the curriculum. Organizing wellness festivals and mindfulness training sessions. Conducting periodic surveys to assess students' needs and the effectiveness of counselling programs.

NSS Activities

The National De-warming Day was celebrated in collaboration with the Physical Education Department, Red Cross and Red Ribbon Club. A total of 22 NSS students participated in this event and medicines were distributed to 500 students on 18-09-2024. NSS Day was celebrated on 24-09-2024, in which 127 students participated enthusiastically. Various activities such as nukkad natak, cultural performances, dances and poster making competitions were organized. A Drug De-addiction Campaign was held on 25-09-2024 where Dr. Bir Singh Yadav addressed the students on different types of drugs, their harmful effects and ways to control their usage. A one-day Health Camp on Women's Health was organized on 25-10-2024 with the participation of 67 students. On this occasion, a lecture on women's health and stress management due to the changing lifestyle was delivered. On 19-11-2024, a one-day NSS Camp witnessed the participation of 128 students. In the morning session, NSS volunteers carried out cleaning activities in parks, and in the afternoon session, Dr. Kailash Chander Sharma delivered a lecture on the importance of work in life. On 26th November 2024, Constitution Day was celebrated with an extension lecture by Mr. Mohinder Singh, followed by reading the Preamble oath by the students, organized by the Public Administration Department in collaboration with NSS Educational Trip to Rakhigarhi on 20/12/2024. A total of 48 students participated in the trip, and a quiz was also conducted on the history of Rakhigarhi, where one of the college teams secured the second position. A rally was conducted to create awareness about the side effects of drugs in collaboration with the Anti-Drug Cell and Red Cross and Red Ribbon Club on 20-12-2024. A total of 200 students were participated in this rally. The screening of the movie "Hamara Samvidhan, Hamara Swabhimaan" was organized, followed by a quiz competition to enhance students' knowledge of the Constitution on 24-01-2025. A total of 53 students participated in this activity. The event was organized in the collaboration of the Public Administration Department with Women Cell. On 30th January 2025 at 11:00 AM, a 2-minute silence was observed in honour of the soldiers and martyrs who sacrificed their lives for the Nation during the Independence Movement. A one-day NSS Camp was held with 95 students in attendance. The day included a cleanliness drive and various cultural activities like speech, singing, dance, skit etc on 14-02-2025. The NSS Units of Government College for Women, Hisar organized a 7-day special day and night camp at Village Dhansu (03/03/2025 – 09/03/2025). Various activities such as tree plantation, cleanliness drives, awareness rallies, self-defence training, health check-ups, cultural programs, and a visit to Bhumi Aashram were conducted, with enthusiastic participation of around 100 volunteers. Another one-day NSS Camp was conducted on 27-03-2025 with 72 students participating in a cleanliness drive and a motivational lecture was delivered by Dr. Rakesh Kumar, Assistant Professor of Chemistry. The celebration of Dr. B.R. Ambedkar Jayanti was organized on 12-04-2025 during which quiz

and pledge activities were conducted to mark the occasion. On 07-02-2025, a mock drill was conducted at Government College for Women, Hisar under NSS to prepare students and staff for emergency and war-like situations. The drill included safe evacuation, first-aid practice, and disaster preparedness exercises, guided by NSS Programme Officer Ms. Heena Pahuja. A rehearsal of Yoga training was organized on 06-06-2025 for International Yoga Day on 6th June conducted by Dr. Shashi Kala Yadav and Ms. Heena Pahuja. 68 staff members and 30 volunteers participated in the session, which was followed by a tree plantation drive where 25 saplings were planted by the volunteers. On 21st June 2025, International Yoga Day was celebrated at Government College for Women, Hisar. The session was conducted by trainers Monika and Sapna, where teaching and non-teaching staff along with NSS volunteers enthusiastically participated. The trainers guided various yoga asanas and highlighted the importance of yoga for physical and mental well-being. Adventure Camp (Himachal Pradesh) Volunteer Bhawna of Bsc. III attended the Adventure Camp held in Himachal Pradesh from 28th December, 2024 to 4th January, 2025. University Level Camp, 10 NSS volunteers participated in the University Level Camp organized by C.R.M Jat College, Hisar from 12th January to 19th January, accompanied by NSS Programme Officer Dr. Madhu Bala. On Adventure Camp, Two NSS volunteers Saijal and Yogita from B.Com. 2nd Year participated in the Adventure Camp held at JISPA from 4th June to 16th June, 2025 along with PO Dr Madhu Bala.



Incharge

Dr. Amit Kumar



Principal
Govt. College for Women,
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